

MS. [redacted]  
Journal Entries for [redacted]  
(Time spent: [redacted])

**March 28**

My sixth period class can be a rowdy group probably because many of the students in this class are coming from lunch. Like students in most of my classes, the students in this class expect to be given a bellringer or activity as soon as they walk in the door. Today though some students were not in their seats when they bell rang. Instead of asking for their attention, I praised one student [redacted] who is very quiet and sits in the front. She was on task. The other students around her began taking out notebooks and I praised them for getting started without me having to ask. I noticed that this sets a positive tone. Even if the students aren't thrilled with the assignment, I can increase the level of positivity in the room, almost like a lever I pull up or down, by acknowledging some of the constructive, productive things they are doing.

Wonderful!  
I am glad this worked!